the risk factor modification information includes information about how to change the positive risk factors to negative risk factors.

18. The method according to claim 1, wherein:

the step of tracking includes advising the user when there has been one of a change and no change in a risk factor.

19. An interactive computerized method for determining the risk of an individual developing a disease and the consequences of developing the disease, comprising the steps of:

receiving questions pertaining to risk factors for the disease via a processor;

transmitting responses to the questions from a user via the processor;

receiving substantially contemporaneous feedback to the responses via the processor, if the individual does not have the disease, the risk of the individual developing the disease being determined using at least one of the responses and practice guidelines for the disease, if the individual does have the disease, associated consequences of the disease being determined using at least one of the responses and the practice guidelines for the disease;

receiving a summary of positive risk factors and risk modification information via the processor; and

tracking changes in the responses and the positive risk factors for the individual over time.

20. The method according to claim 19, wherein:

the disease includes coronary artery disease.

21. The method according to claim 19, wherein:

the questions include questions about at least one of physical characteristics, lifestyle, and medical

history.

22. The method according to claim 21, wherein:
the physical characteristics include age, gender, race, height and weight.

23. The method according to claim 21, wherein:
the lifestyle questions include questions about at least one of smoking habits, drinking habits, vitamin intake, and stress.

24. The method according to claim 21, wherein:
the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertophy, family history, lipid profile, stress tests, and angiograms.

25. The method according to claim 19, wherein:
the risk factors for the disease are determined using the practice guidelines.

26. The method according to claim 19, wherein:
the processor operates in one of a LAN environment, WAN environment, the WWW and the Internet.

27. The method according to claim 19, wherein:
the step of transmitting the responses includes storing the responses in memory.

28. The method according to claim 27, wherein:
the memory includes at least one database.

29. The method according to claim 19, wherein:
the contemporaneous feedback includes at least one

of general information about at least one risk factor, and whether the risk factor is positive for the individual.

30. The method according to claim 19, wherein:
the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S. Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.

31. The method according to claim 19, wherein:
the associated consequences include at least one of invasive intervention and noninvasive intervention.

32. The method according to claim 31, wherein:
the invasive intervention includes at least one of surgery and angioplasty.

33. The method according to claim 31, wherein:
the noninvasive intervention includes at least one of pharmacological therapy and education.

34. The method according to claim 19, wherein:
the positive risk factors include being a male, being one of a postmenopausal female and a postmenopausal female with ovaries removed, being a male over 40 years of age, being a female over 45 years of age, having a BMI that indicates the user is overweight or obese, being a smoker, having diabetes mellitus, having elevated lipid levels, having known CAD, having known peripheral vascular disease, not exercising, having hypertension, having feelings of stress and anxiety, having left ventricular hypertophy, not taking anti-oxidant vitamins, having high homocysteine levels, not getting the RDA of